



Self
Help

BLUFFTON • HILTON HEAD • HARDEEVILLE

Holiday

FOOD DRIVE

TO BENEFIT LOWCOUNTRY NEIGHBORS



Drop off donations to:

The Market @ Self Help

39 Sheridan Park Circle Unit #10 | Bluffton

Ring the doorbell located behind the building.

Mon, Wed, Thu | 9am-6pm

Tues & Fri | 9am-4pm

To donate financially

www.blufftonselfhelp.org/donate

PO BOX 2420 | Bluffton, SC 29910

Shop Online



SEASONAL FAVORITES

Hams
Canned Peas and Corn
Pumpkin and Cranberry Sauce
Shelf Stable Salad Dressing
Yams & Dried Potatoes
Cream Soups, Broth and Gravy
Stuffing Mix
Bread, Cake, Cookie and Brownie Mix
Frosting and Pudding Mix
Pie Filling, Pie Crusts
Large Disposable Roasting Pans

YEAR-ROUND ESSENTIALS

Canned Meats (tuna/chicken)
Canned Meals (chili/beef stew/hearty soups)
Canned Tomatoes (diced, crushed, whole, paste)
Pasta and Pasta Sauce
Velveeta and Parmesan Cheese
Taco Kits, Salsa, and Black Beans
White Rice
Skillet Meal Kits
Cooking Oil, Flour, and Sugar
Mayonnaise and Ketchup

For more information or to register a food drive, please visit
<https://blufftonselfhelp.org/get-involved/holiday-drives/>