



IMPACT AT A GLANCE

New Pathways to Possibility

The Hardeeville Education & Resource Center opened, bringing education, workforce development, and case management services to Jasper County neighbors.

Nourishment Mobilized

The launch of our new refrigerated Mobile Market increased our ability to deliver fresh, nutritious food to neighbors facing transportation and mobility barriers.

Communities Strengthened

Through Stock The Market, local businesses, churches, schools, and individuals united to ensure our shelves were stocked for the influx in demand the summer months bring.

Expanding Access. Strengthening Communities.

Last quarter, we shared how stability functions as infrastructure within a community. This quarter, we saw what happens when that foundation grows. Because of a community that continues to invest in its neighbors, we expanded access in meaningful ways. We celebrated the opening of the Hardeeville Education & Resource Center, launched our new refrigerated Mobile Market, and saw volunteers, businesses, churches, schools, and individuals unite through Stock The Market to help ensure our shelves remained stocked for the months ahead. These milestones share the common purpose of removing barriers. Whether bringing nutritious food closer to home, creating new pathways to education and employment, or connecting families with essential resources, every step forward strengthens our community. Thank you for believing in what's possible and for helping build a stronger, more connected Lowcountry.

Gratefully,

Courtney Hampson

CEO, Self Help



**Every step forward
strengthens our *community.***



Q2 (S)MILE STONES



1,748 households served since January 2026.



\$927,617 invested through The Market, our Clothing Closet, and Emergency Financial Assistance this year.



\$409,708 invested in over **350** students YTD, fueling pathways to higher earnings, credentials, and long-term stability.



29 neighbors received resume support, and **21** secured employment, turning preparation into paychecks.

Opportunity doesn't have an expiration date

When Gerald enrolled at Self Help in January, he wasn't looking for a job.

He already worked more than 60 hours each week, traveling throughout the Southeast as a Project Manager while raising three young children.

Finding time to study wasn't easy, but Gerald was determined not to let his goal slip to the back burner *again*.

Just five months later, Gerald earned his GED.

For him, the diploma wasn't the finish line—it was one step closer to owning his own business.

Then he asked two unexpected questions:

"How can I volunteer?"

"How can I make a donation?"

That's the ripple effect of opportunity. When someone is given the support to move forward, they're often inspired to help open doors for someone else.

BUILDING FOR THE FUTURE

Strong communities don't happen by accident. They are built through intentional investments in the people, partnerships, and systems that make opportunity accessible to everyone.

This quarter reflects that commitment. As we expand our reach and strengthen the infrastructure behind our programs, we're creating more than new services. We're building lasting access for neighbors across the Lowcountry.

Thank you for making this work possible. Your support strengthens not only the lives of those we serve today, but the future of our entire community.

Together, we're building what's next.

