

Most Needed Items

Drop off donations to

39 Sheridan Park | Unit 10

Monday & Wednesday | 9am-5:30pm

Tuesday, Thursday & Friday | 9am-4pm

drive around to rear of building

To donate financially

www.blufftonselfhelp.org/donate

PO BOX 2420 | Bluffton, SC 29910



Or Shop our Amazon Wishlist

<https://a.co/1nOYgpz>

Please Note: We are unable to distribute open, expired, or bulk-sized items.

NON-PERISHABLES

- Beans
Black, Red, or White Beans
- Bread Mixes & Muffin Mixes
- Broth or Stock (Low Sodium)
- Brownie, Cake, & Cookie Mixes
- Canned Chili, Beef Stew & Hearty Soups
- Canned Corn and / or Canned Peas
- Canned Frosting
- Canned Fruit
- Canned Tuna & Canned Chicken
- Canned Tomatoes
- Cereal & Oatmeal
- Chef Boyardee & SpaghettiOs
- Condiments (ketchup, mustard, etc)
- Cooking Oil, Flour, & Sugar
- Cream Soups
- Hamburger Helper & Meal Kits
- Macaroni & Cheese
- Pancake Mix & Maple Syrup
- Pasta Sauce, Pasta & Shelf-Stable Cheese
- Paste Sides
- Peanut Butter (and Jelly)
- Rice & Rice Sides
- Shelf-Stable Almond Milk
- Shelf-Stable Salad Dressing
- Skillet Meal Kits (i.e. Hamburger Helper)
- Taco Kits, Salsa & Refried Beans

HYGIENE ITEMS

- Baby Wipes
- Body Lotion
- Deodorant
- Diapers (size 4, 5, 6, & 7)
- Menstrual Products
- Soap & Body Wash (adult & child)
- Shampoo & Conditioner (adult & child)
- Shaving Cream
- Toothpaste
- Training Pants (2T - 5T)

Bluffton
Self Help